Novel Coronavirus (COVID-19)

Patient Education

What is currently happening?

- The Centers for Disease Control and Prevention (CDC) is in charge of keeping organizations informed throughout the US about the Novel Coronavirus (COVID-19).
- CommUnityCare is keeping a close eye on information from the CDC and Austin Public Health. We are tailoring our response daily as new information is available. .
- It is important to note that there are other respiratory illnesses that can make you feel sick, but they are probably not related to the Coronavirus.

Things you can do to prevent any respiratory illness:

Protect Yourself

- Wash your hands often with soap and water for at least 20 seconds
- Do not touch your eyes, nose, or mouth with hands that have not been washed
- Stay away from people who are sick

Protect Others

- Stay home while you are sick
- Do not be in close contact with others
- Cover your mouth and nose with a tissue when you cough or sneeze, then throw the tissue in the trash and wash your hands
- Clean and disinfect objects and surfaces in your home

Most people who have a cold can get better on their own by doing some of the following things to help with symptoms: .

- Take over the counter pain and fever medications (CAUTION: do not give Aspirin to children)
- Use a room humidifier or take a steam shower to help with a sore throat and cough
- Drink a lot of liquids
- Stay home and rest

If you feel sick and you have a FEVER, COUGH, and SHORTNESS OF BREATH please call us at 512-744-6000 before coming into one of our clinics.

CommUnityCare is dedicated to providing you with the highest level of care.
If you have any questions or concerns ask your provider and/or health care worker for help.

CommUnityCare
HEALTH CENTERS